

## **Peanut/Tree Nut Safe Snack List**

**\*Snacks must not be made with nuts or manufactured in a plant with nuts. The best way to reassure that a snack is safe is to READ LABELS. Most brands will mark their packaging with an allergen list or a warning. Always read labels before sending snacks to school because labels do change!**

### **Fruits/Veggies**

Apples  
Bananas  
Baby carrots  
Oranges  
Watermelon  
Cucumber  
Tomatoes  
Grapes  
Strawberries  
Cantaloupe  
Cherries

### **Snack Crackers/Other Options**

Pepperidge Farm Goldfish  
Cheese Nips  
Cereals- plain Cheerios, Fruit Loops, Apple Jacks, Lucky Charms, Captain Crunch(regular)  
Fruit snacks-Betty Crocker, Target brand, Annies Organics  
Teddy Grahams  
Nilla Wafers  
Oreos-Regular, Double Stuff, Golden Yellow  
Premium Saltines  
UTZ brand Cheese Balls, Pretzels  
Honey Maid Graham Crackers  
Jell-O Pudding Cups and Gelatin  
String Cheese  
Popcorn- Pop Secret, Act II, Orville Redenbacher  
Pop Tarts-Fruit flavors  
Marshmallows (Kraft)

### **Chips**

Cheetos, Doritos, Fritos, Pringles, Tostitos, Lays, Baked Lays (Name Brand)  
**NO Zapps or other chips cooked in peanut oil**

**Candy**

All Tootsie Roll brand candies

All Jelly Belly brand candies

Dubble Bubble brand

Skittles, Starburst, Spree, Blow Pops, Air Heads, Smarties, Nerds, Laffy Taffy,  
York brand peppermint patties, Hershey Kisses (plain only), Junior Mints, Sweet Tarts,  
Swedish Fish (Name brand only)

**Cake/Brownie Mix**

Betty Crocker Super Moist-Butter Recipe Chocolate, Butter Recipe Yellow, White,  
Devil's Food, Party Rainbow

Betty Crocker Brownie Mix- Fudge Brownie, Milk Chocolate

Betty Crocker Icing-White, Cream Cheese, Milk Chocolate

Pillsbury Moist Supreme Cake Mix, Funfetti

Pillsbury Icing- Funfetti, White, Chocolate, Strawberry

**No Break and Bake cookies, No refrigerated cookie dough**

**Only cookie dough mixes in bags-read label on back**

**\*\*\*Wal-Mart now carries pre-baked cookies and cupcakes that are made in a Nut Free Facility. They are located in or around bakery.**

**If anyone has any questions you can call or text me at:**

**Jessica Leonards- 337-739-1234**